

## Learning Style Questionnaire

University of California, Merced  
Student Advising and Learning Center

	Often	Sometimes	Seldom
1. I can remember best by listening to a lecture that includes information, explanations and discussions.			
2. I prefer to see information written on the board and supplemented by visual aids and assigned readings			
3. I like to write things down or take notes for visual review.			
4. I prefer to use posters, models, or actual practice and other activities in class.			
5. I require explanations of diagrams, graphs, or visual directions			
6. I enjoy working with my hands or making things.			
7. I am skillful with and enjoy developing making graphs and charts			
8. I can tell if sounds match when presented with pairs of sounds.			
9. I can remember best by writing things down several times.			
10. I can easily understand and follow directions on a map.			
11. I do best in academic subjects by listening to lectures and tapes.			
12. I play with coins or keys in my pocket.			
13. I learn to spell better by repeating words out loud than by writing the words on paper.			
14. I can understand a news article better by reading about it in the newspaper or online rather than by listening to a report about it on the radio or internet.			
15. I chew gum, smoke or snack while studying.			
16. I think the best way to remember something is to picture it in my mind			
17. I learn the spelling of words by "finger spelling" them.			
18. I would rather listen to a good lecture or speech than read about the same material.			
19. I am good at working and solving jigsaw puzzles and mazes.			
20. I grip objects in my hands during learning periods.			
21. I prefer listening to the news on the radio or online rather than reading about it in a newspaper or on the internet.			
22. I prefer obtaining information about an interesting subject by reading about it.			
23. I feel very comfortable touching others hugging, handshaking, etc.			
24. I follow oral directions better than written ones.			

# Learning Style Questionnaire

University of California, Merced  
Student Advising and Learning Center

Scoring:

Complete the table below by assigning the following point values for each question:

Often = 5 points

Sometimes = 3 points

Seldom = 1 point

Then, add the points in each column to obtain your learning preference score under each heading.

Visual		Auditory		Tactile	
No.	Pts.	No.	Pts.	No.	Pts.
2		1		4	
3		5		6	
7		8		9	
10		11		12	
14		13		15	
16		18		17	
19		21		20	
22		24		23	
Visual Preference Score:		Auditory Preference Score:		Tactile Preference Score:	

**If you are a VISUAL learner:** Make use of all available study materials such as charts, maps, filmstrips, notes, and videos. Write out everything for frequent and efficient review. Practice visualizing or pictures words and concepts in your mind. Adding meaningful symbols, colors, and graphics to notes also provide visual cues. Try to visualize how information appears on a page. In study groups or discussions, focus on how people look when they speak.

**If you are an AUDITORY learner:** Try using tapes to supplement other study materials. For example, tape lectures to help fill in gaps in your notes or covert lecture notes to auditory tapes—but do listen and take notes, and review your notes frequently. Sit in the lecture hall or classroom where you can hear well (most often this is near the front). After you have read something, summarize it and recite it aloud. Talk to other students about class material. You may also benefit from group study sessions where members review class material.

**If you are a TACTILE learner:** Try tracing words as you say them. Facts that must be learned should be written several times. Keep a supply of scratch paper on hand for this purpose. Taking and keeping lecture notes is very important. It may also help you to make study sheets, and to associate class material with real-world applications and occurrences. For some classes, practice role-playing. Highlighting, underlining, labeling information, and writing add movement to learning. Participation in study groups or tutoring others provide additional ways to become an active learner. Science courses also offer manipulative aids to demonstrate chemical reactions. The more you do, the more you learn.

*A note about learning preferences:* Although it is important to know your learning strengths as a foundation for the development of personal study habits, realize that not all college courses and instruction will lend themselves to your strengths. Attempt to adapt learning tasks using the suggestions above. You may also take this as an opportunity to improve and educate yourself to learn in different ways. **Indeed, some of the most successful professionals approach problem solving and decision making from many different perspectives!**

Learning Questionnaire adapted from University of Texas Learning Center, 2006